



ST FRANCIS OF ASSISI

Community

WELLNESS

FAIR

**Saturday,
January 24, 2026**

**Fellowship Hall
8:30am - 12:30pm**

11401 Leesville Rd
Raleigh, NC 27613

MIND, BODY, AND SPIRIT



Living Well Together

**Get Free
Screenings &
Information**

- *Pulse*
- *Blood pressure*
- *Balance*
- *Long Term Care*
- *Tech Information*
- *Home Improvements*
- *Fitness*

Come to our Community Wellness Fair and explore local services, health screenings, and helpful information to nurture your mind, body, and spirit.

**For more information:
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VENDORS

AARP Foundation Tax-Aide and Property Tax-Aide
Abbotswoods at Stonehenge
All About Seniors
Always Best Care
Alzheimer's & Dementia Support Group
Anne Gordon Center for Active Adults
Calyx Living of Wakefield
Canines for Service
Capital Oaks Retirement Resort
Cardinal Hospice Care
Caring Transitions
Chef for Seniors
Clear Captions
Comfort Keepers of Wake County
Empowered Home Design
EPIC Physical Therapy
Fleet Feet - Raleigh
Fyzical Therapy and Balance Centers
GOLD Growing Older | Living Digitally
Griswold Home Care
Hallmark Homecare
HealthTrax Raleigh
Milestone Performance
OLLIE - Osher Lifelong Learning Institute at NC State University
Parkinson's Foundation NC
Pinnacle Group Construction
Relay NC
Resources for Seniors
Sacred Moments NC
Silver Linings
Smooth Transitions
Springmoor Home Care Services
Springmoor Life Care Retirement Community
St Francis 50+ Group
Stepping Stones
Support Group
Surv Raleigh
Tastefully Served
The Foundation of the Roman Catholic Diocese of Raleigh
Transitions Life Care
Triangle Tech Savvy Seniors
Trua Senior Living Locators
UNC Health Wellness Centers
WakeMed Health and Hospitals
Waltonwood Lake Boone