



Understanding the Human Person

A Weekend Retreat Course for adults

Diocese of Raleigh Catholic Center, Raleigh, NC

February 13 & 14, 2026

Would you like to understand the truth about sexuality, love, marriage, parenting and family – and be able to express it to others? Hear from engaging, expert speakers and have your questions answered, participate in classroom activities with other students, and be spiritually enriched during a Holy Hour on Friday night.

Topics include:

St. John Paul II's Theology of the Body

The Roots of the Sexual Revolution

Fertility Appreciation

Male-female complementarity

Child development and the
importance of Family

Gender identity and gender confusion

The Course fee is \$150 & includes
12 hours of instruction, books,
Friday dinner and Saturday lunch.

Some scholarships are available.

\$25 early bird discount if
registered by January 1.



Register by clicking [here](#).

Contact fhraleigh@gmail.com with questions.