

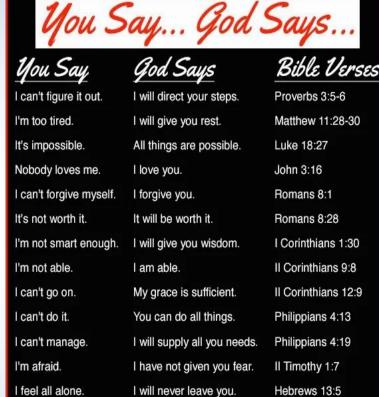
#### **JOURNEYING TOGETHER...**

By Maria Muratore

God is our Healer, our Deliverer and our Redeemer!

I just completed a very enlightening series on Spiritual Warfare and Discernment from the Avila Foundation, Apostoli Viae presented by Dan Burke. It was a great experience not only because of the informative, insightful content but mostly because I was learning together with so many prayer group leaders, prayer team ministers and members of our Charismatic community. It was wonderful sharing our thoughts and experiences as we journeyed through the series. Some of us have been to other training classes, retreats, and conferences before and have some experience while others were new to the material.

Journeying together made this a more memorable experience. Hearing testimonies firsthand was very helpful in understanding how to apply some of the techniques. A great takeaway from the series was the importance to "Fight, don't run!" when we



come into a period of desolation. Desolation is a feeling that we are distant from God and we are tempted by stress, anxiety, despair and depression (to name a few). We learned how to be persistent in prayer, expose and renounce the lies of the enemy using bible verses. The bible gives us beautiful, encouraging words and proof that God cares about us. God is our healer and he equips us with His Word. You can refer to the chart above to find some affirming bible verses to reflect on and bring to prayer.

We are children of God and He loves us. He wants us to be aware of the enemies lies that have traumatized us. He wants us to continue in steadfast prayer and stay close to Him. He wants us to be whole. Unforgiveness also locks in woundedness from trauma. Forgiving past hurts allows for inner and physical healing to take place. Lent is wonderful time to look back, look deeper and grow closer to God, our loving Father.

Lets read what others had to say about the Series ...

#### The FLAME

# 2025 SPIRITUAL SERIES COMMENTS:

"Thank you for making this Spiritual Warfare class with Dan Burke available. The wisdom and insight I have gained, especially in discerning spirits and desolation and consultation, is great. I felt like a sponge gathering information. I hope it soaks in and doesn't drip out except to be shared. It will also be so nice to have names with faces when I meet my fellow travelers on our pathway and to heaven. Numbers 6:24-26 blessings in Christ."- Ana Mary Church

I found the course to be very valuable. I also found it very valuable to study the course with others and to share learnings, different perspectives and life experiences. It was also great to have the opportunity to pray for others in need throughout the course.-John McNally "I found the Spiritual Warfare and discernment series by Dan Burke to be very informative. I also enjoyed having the ability to discuss the questions and hearing other people's thoughts and ideas after we viewed each video. "-Bernadette DiVito

"The Spiritual Warfare series provided an opportunity to share experiences as well as learning about many of the ways we can become more holy and resist the evil one".-Wendy Edwards

"The spiritual warfare series with Dan Burke was a very informative course. I particularly enjoyed coming together with fellow members of our Catholic Charismatic community throughout NC and share our experiences - Mary Trombetta

"The video series and discussions were very informative and provided many interesting strategies and ideas for recognizing and defeating the enemy and his tactics"-Pat Attilis:

"Thank-you for this course! The content of Dan Burke's videos and the live class discussions highlighted to me that the supernatural realm is "the real world". I liked that the class material was based on both scripture and testimony. We learned how to recognize evil spirits working against us and learned strategies for deliverance in a way that I had not known before. "-Philomena Wadden

"Thank you so much for hosting Dan Burke's Spiritual Warfare and Discernment online zoom course. It has been a great blessing to me and my family. The course combines St. Ignatius Of Loyola's famous Spiritual Exercises with bible verses to help you fight the attacks of the enemy and walk closer to God.

Many negative thoughts and behavior patterns, such as depression, anxiety and anger, are not part of our personality but instead are lies from the enemy that we've come to accept instead of fighting, according to Burke. This course teaches you how to cast down the negative thoughts and fiery darts of the enemy by recognizing the attack and renewing your mind with the thoughts of peace, love and joy that Jesus modeled so perfectly. Burke, who suffered enormously from negative emotions in his past, shares his story and how the love of God set him free. His only goal now is to see all God's children walk in the peace that Jesus said he gave us and left with us.

Much thanks to Maria Muratore for her kindness and sensitivity in offering and hosting this class online to the Diocese of Raleigh. It was wonderful to have a Catholic community to walk alongside with and share our experiences as we took the course together. "-Maureen Costello

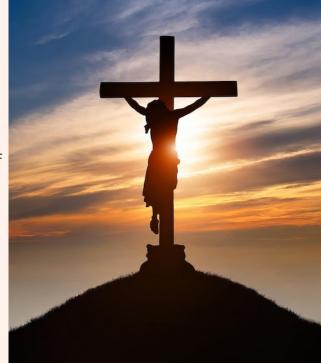
## A Reflection for Lent: Claiming Our Identity in

### Christ By Miriam Antelis

■ often like to meditate on the following prayer, and it seems especially fitting during Lent: Holy God. Holy Mighty One. Holy Immortal One. Have mercy on us and on the whole world. In the crucifixion and death of Jesus, we see the one true Holy God made man. The Ho-

ed in this way. In fact, it's the work of a loving Father at play. Jesus is put through a rigorous spiritual and physical test, not to be broken down, but to have His identity as the Father's son reinforced. The perfect love and trust He and the Father have for one another allows Jesus to resist the temptations to seek out material comforts, seize worldly power and give in to pride. He would have to resist those same temptations during the Passion. His complete trust in the Father's will once

ly Mighty One scourged and mocked by his enemies. The Holy Immortal One crucified, killed and buried. In these mysteries, we see the astounding humility of God and the depth of His love for us. God does not come down from heaven to rule with an iron fist. Instead, He enters discreetly into our humanity. He chooses to walk among us and



again kept the all-powerful Jesus in place as he was beaten, mocked and spurned by His own creation. When I reflect on all this, it's easy for me to fall into discouragement, knowing I often lack the will, faith and courage to overcome lesser temptations and trials in my own life. I sometimes think about the weaknesses I can't seem to overcome and I wonder if it's truly possible for me to follow Christ. I took this to prayer recently, and I felt the Lord invite me to "boast most gladly of my

become the least of us, undergoing pain, suffering and humiliation for our sake. In the Gospel reading of the First Sunday of Lent (Luke 4:1-13), the devil tempts Jesus in the desert for 40 days. He taunts Jesus, saying, "If you are the Son of God …" Even in his weakened physical state, however, Jesus has complete assurance in His identity as the Beloved Son of the Father and remains obedient. It always seemed cruel to me that the Holy Spirit would lead Jesus into the desert to be tempt-

weaknesses" (2 Corinthians 12:9) because he delights in redeeming me. I wrote down some of the ways God comes to my rescue and claims me as His own despite my unworthiness, and took it as encouragement from the Lord. Does He not take on my guilt so that I may stand blameless before the Father? (Ephesians 1:4) Did He not deliver himself into the hands of His enemies so that I may be set free?

#### (Continued article...Claiming Our Identity in Christ)

Does He not sustain me, satisfying my hunger and quenching my thirst with His own flesh and blood?

Has He not conquered death so that I may have eternal life?

Is His grace not sufficient for me, for power is made perfect in weakness? (2 Corinthians 12:9)

Wonderful are His works. Am I not the work of the Father's hands, fearfully and wonderfully made? (Psalm 139:14)



As we journey through Lent, let us pray and strive for increased hope and trust in our identity in our Holy God — the Holy Mighty One who defends us from the enemy, the

Holy Immortal One who shares His own life with us. May He have mercy on us and on the whole world.

"Lent...

...is like a long 'retreat' during which we can turn back into ourselves and listen to the voice of God, in order to defeat the temptations of the Evil One."

Pope Benedict XVI

For were we to have charity among ourselves, we would have both peace and the Holy Spirit. Let us undertake to become devout and pray to God... since the apostles persevered in prayer... If we set ourselves to fervent prayer then the Holy Spirit will enter Us and say: "Peace be with you! It is I, be not afraid"

"Nothing great is ever achieved without much enduring."

> -St. Catherine of Siena

"Lord, help us to see in your Crucifixion and Resurrection an example of how to endure."

Mother Teresa



A Prayer for Lent

Please, Lord, guide my mind with your truth.

Strengthen my life by the humble, obedient example of Jesus.

He fulfilled your will by becoming human and suffering with us.

He died so that I would no longer be separated from you.

Help me to feel how close you are and to live in union with you. St Francis de Sales (1567-1622) Doctor of the Church

# ST. BENEDICT ON LENT

"Renounce yourself In order to follow Christ; discipline your body; do not pamper yourself, but love fasting."



## UPCOMING EVENTS GOD OUR FATHER 2025 CONFERENCE

## WITH GUEST SPEAKER FR. PHILIP SCOTT

DATE: OCTOBER 17<sup>TH</sup> AND 18<sup>TH</sup> 2025 LOCATION: ST. JOSEPH CHURCH AND ST. MONICA HALL 2811 POOLE RD. RALEIGH NC PRESENTED BY THE DIOCESE OF RALEIGH CATHOLIC CHARISMATIC SERVICES JOIN US AS WE'RE LED BY FR. PHILIP SCOTT TO EXPLORE GOD AS OUR LOVING FATHER WHO HEALS OUR WOUNDEDNESS AND TEACHES US HOW TO LOVE AS THE FATHER HAS LOVED US. HOW TO BRING THIS LOVE INTO OUR SPHERE OF INFLUENCE AND IDENTIFY AS A CHILD OF GOD. WE'LL SPEND TIME IN PRAISE AND WORSHIP BY THE "WITH YOU" MUSIC MINISTRY. OPPORTUNITIES FOR PRIVATE WILL BE AVAILABLE.

FOR MORE INFORMATION VISIT OUR WEBSITE CCSRALEIGH.WEEBLY.COM OR EMAIL MMURATORE@CCSRALEIGH.ORG

### About "with You" Music Ministry...

Our family-founded music ministry is dedicated to enhancing worship through contemporary praise and worship music. Founded by Miklos and Bernadett Horvath, who began their musical journey in childhood, the ministry now includes their teenagers, Máté, Ben, and Mike. Committed to bringing communities closer to Jesus, we provide heartfelt and uplifting music for the Catholic Church. Our services include musical support for Euchanistic adorations, Masses, and conferences, enriching small and large gatherings. Come to Jesus, let us praise him!



Fr. Philip Scott was born 1/26/60 in kima, Peru. After a life of sin in 1980 had anadical Conversion experience to Our Lero Jesue. While engaged to a wonderful girl God called me to be a priest. I were to Seminary at Mount

St. Mary's Seminary in Emmitsburg, Md. I was ordained to the priesthood in the Diocese of St. Petersburg, Florida on May 6, 1989.

On April 1, 1998 I was given permission to found a community to heal the family called Family of Jesus . We are priests, brothers and sisters and are a Private Association of the Faithful in Puerto Maldonado, Peru.

I currently give retreats to priests, couples, men and women throughout the world in English and Spanish.

Visit his website at: https://www.familiadejesusperu.org/

2025 Events continued next page....

## **UPCOMING EVENTS**

#### April 4th & 5th 2025

21st Annual Ignited By Truth Catholic Conference with Eucharistic Adoration and \*Prayer teams Friday Evening and Saturday Conference April 5th at NC State Reynolds Coliseum, Raleigh, NC

May 4, 2025: 2000 Hail Marys Prayer Event

Apex NC, *details to be announced* May: Life In the Spirit Seminar

coming soon in May at St. Mary Magdalene Apex, NC-*Date to Announced* June 14, 2025: Charismatic Picnic at Harris Lake Park-

details to Follow, volunteers needed and appreciated July 11, 2025:Mass, Adoration and Healing Service at St. Joseph Church, Raleigh

with Fr. Alapaty, With You Music Ministry and prayer teams

September 5, 2025:Mass, Adoration and Healing Service at St. Mary Magdalene, Apex with Fr. Michael Coveyou, Fr. Francis Kayondo, Fr. Alapaty, Deacon Dev, With You Music Ministry and prayer teams

Coming September 2025!

*DTB announced* "Be Filled With the Holy Spirit Retreat" full day prayer opportunity at St. Francis of Assisi Church, Raleigh with Lord of the Harvest Ministry contact Maureen Costello mocos53@gmail.com

October 17th and 18th 2025: God Our Father 2025 Conference

with Speaker Fr. Philip Scott at St. Joseph's Church, Raleigh NC-

\*more details to follow, volunteers needed and appreciated

December 13, 2025 Charismatic Renewal Christmas Party

at St. Andrew's, Apex NC 6:00-9:00 pm-details to follow, volunteers needed and appreciated

\*\*Visit our website for more information, on prayer groups, events and more: https://ccsraleigh.weebly.com/