CATHOLIC DIOCESE of RALEIGH

JANUARY 2026 ISSUE

THE FLAME NEWSLETTER



Christmas Fellowship Party!









Proverbs 17:17 *says, "**A friend loves at all times, and a brother is born for a time of adversity.**" Christmas is the perfect time to express love for your friends through prayer.*





Catholic Saints Quote about the Incarnation:

When you really stop to think about it, the Incarnation is mind-blowing. The Creator of the Universe became a helpless baby. Why? To be close to us.
Reflect on these quotes and share them with someone:

"A God who became so small could only be mercy and love." - St. Thérèse of Lisieux

"O Father, in your Truth (that is to say, in your Son, humbled, needy and homeless) you have humbled me. He was humbled in the womb of the Virgin, needy in the manger of the sheep, and homeless on the wood of the Cross." - St. Anthony of Padua

"This day He Who Is, is born; and He Who Is becomes what He was not." - St. John Chrysostom

"Man's maker was made man, that He, Ruler of the stars, might nurse at His mother's breast; that the Bread might hunger, the Fountain thirst, the Light sleep, the Way be tired on its journey; that the Truth might be accused of false witness, the Teacher be beaten with whips, the Foundation be suspended on wood; that Strength might grow weak; that the Healer might be wounded; that Life might die." - St. Augustine

"A helpless Newborn Child in a lowly cave restores dignity to every life being born, and brings hope to those overcome by doubt and discouragement." - St. Augustine

"He was a baby and a child, so that you may be a perfect human. He was wrapped in swaddling clothes, so that you may be freed from the snares of death." - St. Ambrose

"The Son of God became the Son of Man so that the sons of men might become the sons of God." - St. Athanasius
"Let us not be afraid to bow our heads, to humble ourselves, to make ourselves small, in order to encounter the little Jesus." - Pope Francis

"He lies in a manger, but He captures the world; He is wrapped in swaddling clothes, but He lifts our heavy burdens." - St. Jerome
"Wonder, O man, at the humility of God! He who holds the universe in His hand is held in the arms of a woman." - St. Peter Chrysologus



"For unto us a child is born, unto us a son is given... and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." - Isaiah 9:6

Join Us!

BREAKTHROUGH HEALING WORKSHOP



PATRICK & JOY CAMPBELL

A sacred time of prayer, healing, and freedom

THURSDAY, 4/16/2026
5:30 PM - 9:30 PM
FRIDAY, 4/17/2026
5:30 PM - 9:30 PM
SATURDAY, 4/18/2026
10:00 AM - 4:00 PM

PRAISE MUSIC LED BY
"WITH YOU"
MUSIC MINISTRY

- A testimony that started in NC
- Interruptions to graces (reveals enemy's assult on God's love)
- Blocks to healing (pain points & stuck)
- Rising above lies, fear & trauma
- Understanding allures of unholy relationships
- Dangers in disguise (occult)
- Mending the past

Register online:
https://raldioc.configio.com/2026-breakthrough

St. Joseph Catholic Church, St. Monica's Hall,
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Diocese of Raleigh Charismatic Renewal

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