



# Catholic in Recovery

For more information or room location please contact:  
CIR@stmcary.org, (919) 480-2044, text or call



**WEDNESDAYS**  
**@ 7:00 p.m.**

**Catholic in Recovery** provides healing from problems associated with alcohol, food and other addictions. Family members impacted by a loved one's addiction are also encouraged to attend.

Meetings combine the spiritual principles of **12-step recovery** and the **sacraments** of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer.

**Confidentiality is protected.**  
**Must be age 18 to participate.**

ZOOM HYBRID  
In-Person & Virtual

**ST. MICHAEL**  
**THE ARCHANGEL**  
ROMAN CATHOLIC CHURCH  
804 HIGH HOUSE ROAD, CARY, NC

— TWO MEETING OPTIONS —

**GENERAL**  
RECOVERY GROUP

FOR THOSE IN RECOVERY

**FAMILY & FRIENDS**  
RECOVERY GROUP

FOR THOSE WITH LOVED  
ONES IN RECOVERY

Alcoholism

Drug addiction

Lust/pornography addiction

Disordered eating

Control, fear, resentment, & grief

Technology addiction

Family members impacted by addiction

Adult children of dysfunctional homes

*Hope and healing for those  
impacted by addiction.*

