

SHARING THE GOOD NEWS OF GOD’S MERCY



# Catholic in Recovery

For more information or room location please contact:  
CIR@stmccary.org, (919) 480-2044, text or call



WEDNESDAYS  
@ 7:00 p.m.

12-STEP RECOVERY

**Catholic in Recovery** provides healing from problems associated with alcohol, food and other addictions. Family members impacted by a loved one’s addiction are also encouraged to attend.

Meetings combine the spiritual principles of **12-step recovery** and the **sacraments** of the Catholic Church. Join others in recovery as we overlap scripture from Sunday’s Mass readings, liturgical themes, and recovery topics with honest discussion and prayer.

Confidentiality is protected.  
Must be age 18 to participate.

ZOOM HYBRID  
In-Person & Virtual

**ST. MICHAEL**  
THE **ARCHANGEL**  
ROMAN CATHOLIC CHURCH  
804 HIGH HOUSE ROAD, CARY, NC

— TWO MEETING OPTIONS —

**GENERAL  
RECOVERY GROUP**

FOR THOSE IN RECOVERY

**FAMILY & FRIENDS  
RECOVERY GROUP**

FOR THOSE WITH LOVED  
ONES IN RECOVERY

Alcoholism	Drug addiction	Lust/pornography addiction
Disordered eating	Control, fear, resentment, & grief	Technology addiction
Family members impacted by addiction	Adult children of dysfunctional homes	

*Hope and healing for those  
impacted by addiction.*

