Liturgy of Advent Lessons & Carols

Holy Name of Jesus Cathedral Raleigh, North Carolina



Sunday 11 December at 5 o'clock in the evening Third Sunday of Advent Most Reverend Luis Rafael Zarama, Presider In the daily prayer observed by Roman Catholic monastic communities from antiquity was a period of time known as Matins, derived from the Latin, matutinum, "of or pertaining to the morning." This period of prayer took place during the night and ended at dawn; the prayer throughout the night brought the community to the dawn of new day. Praying of *Matins*, the night was divided into three segments where three readings from scripture with accompanying psalmody would be prayed. These nine biblical readings reflected a particular solemnity or season of the Church year. At the same time it was also the practice of worshipping assemblies to celebrate an extended pre-Eucharistic Liturgy of the Word prior to the initiation of a great solemnity or season. These liturgies came to be known as "vigils" for they practiced waiting for the Lord, which all Christians are called to observe. The pre-Eucharistic vigil could be composed of four to twelve readings from scripture with seven as the average in most assemblies. This evening's Liturgy of Advent Lessons and Carols is a successor to both these liturgical practices. Through the proclamation and meditation upon scripture, hymnody, and prayers, which illumine the Season of Advent, we are lead through salvation history to the threshold of the Incarnation and the Blessed Mother's fiat to God's will for her and for us. May God's word spoken to us in scripture and our response to that word in hymn and chant, enrich and nourish our Advent as we wait for God's promises to be fulfilled.

Organ Voluntary

Prelude on Veni Emmanuel

Leo Sowerby (1895-1968)

Introit (sung by the Cathedral Choir)

I look from afar:

and lo, I see the power of God coming, and a cloud covering the whole earth. Go ye out to meet him and say: Tell us, art thou he that should come to reign over thy people Israel?

High and low, rich and poor, one with another.

Go ye out to meet him and say:

Hear, O thou shepherd of Israel, thou that leadest Joseph like a sheep,

Tell us, art thou he that should come?

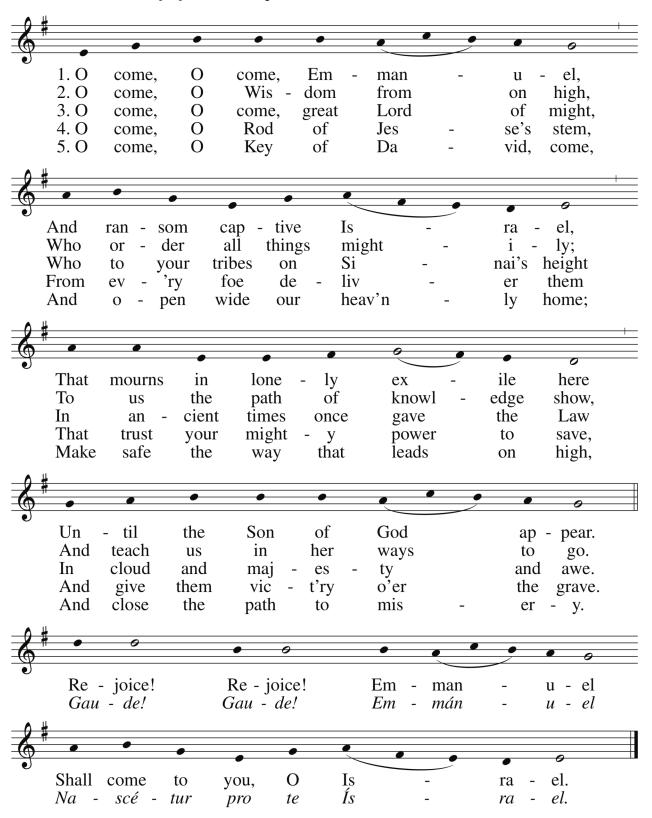
Stir up thy strength, O Lord, and come

to reign over thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost.

Words: Early medieval Roman rite (Matins Responsory for the First Sunday of Advent) Music: Giovanni Pierluigi de Palestrina (c. 1525-1594)

Hymn in Procession (the people stand to sing)



- 6. O come, O Dayspring from on high, And cheer us by your drawing nigh; Disperse the gloomy clouds of night, And death's dark shadow put to flight.
- 7. O come, Desire of nations, bind In one the hearts of humankind; O bid our sad divisions cease, And be for us our King of Peace.

Invitatory (offered by the Bishop)

Beloved in Christ, in this season of Advent, let it be our care and delight to prepare ourselves to hear again the message of the Angels, and in heart and mind to go even unto Bethlehem, to see the Babe lying in a manger.

Let us read and mark in Holy Scripture the tale of the loving purposes of God from the first days of our disobedience unto the glorious Redemption brought to us by his holy Child; and let us look forward to the yearly remembrance of his birth with hymns and songs of praise.

But first, let us pray for the needs of his whole world; for peace and goodwill over all the earth; for the mission and unity of the Church for which he died, and especially in this country, within this city, and within this diocese.

And because this of all things would rejoice his heart, let us at this time remember in his name the poor and the helpless; the hungry and the oppressed; the sick and those who mourn; the lonely and the unloved; the aged and the little children; and all those who know not the Lord Jesus, or who love him not, or who by sin have grieved his heart of love.

Lastly, let us remember before God his pure and lowly Mother, and all those who rejoice with us, but upon another shore and in a greater light, that multitude which no one can number, whose hope was in the Word made flesh, and with whom, in this Lord Jesus, we for evermore are one.

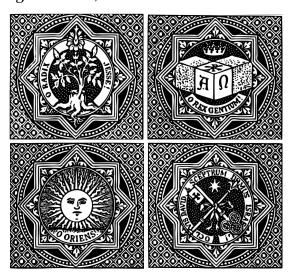
These prayers and praises let us humbly offer up to the throne of heaven, in the words which Christ himself has taught us:

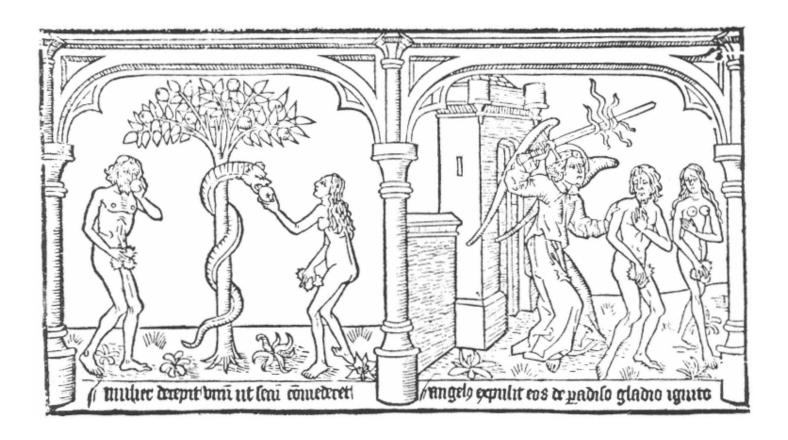
(prayed by the people)

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; But deliver us from evil. Amen.

(prayed by the Bishop)

May the Lord guide us into the way of peace, give light to those who sit in darkness and the shadow of death, and kindle in us the fire of his love, that when he comes he may find us watching in prayer and waiting with steadfast courage and love, now and forever. Amen.





First Lesson (the people sit)

Adam and Eve rebel against God and are cast out of the Garden of Eden. Genesis 3: 1-15

Now the snake was the most cunning of all the wild animals that the LORD God had made. He asked the woman, "Did God really say, 'You shall not eat from any of the trees in the garden'?" The woman answered the snake: "We may eat of the fruit of the trees in the garden; it is only about the fruit of the tree in the middle of the garden that God said, 'You shall not eat it or even touch it, or else you will die." But the snake said to the woman: "You certainly will not die! God knows well that when you eat of it your eyes will be opened and you will be like gods, who know good and evil." The woman saw that the tree was good for food and pleasing to the eyes, and the tree was desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they knew that they were naked; so they sewed fig leaves together and made loincloths for themselves.

When they heard the sound of the LORD God walking about in the garden at the breezy time of the day, the man and his wife hid themselves from the LORD God among the trees of the garden. The LORD God then called to the man and asked him: Where are you? He answered, "I heard you in the garden; but I was afraid, because I was naked, so I hid." Then God asked: Who told you that you were naked? Have you eaten from the tree of which I had forbidden you to eat? The man replied, "The woman whom you put here with me—she gave me fruit from the tree, so I ate it." The LORD God then asked the woman: What is this you have done? The woman answered, "The snake tricked me, so I ate it." Then the LORD God said to the snake: Because you have done this, cursed are you among all the animals, tame or wild; On your belly you shall crawl, and dust you shall eat all the days of your life. I will put enmity between you and the woman, and between your offspring and hers; They will strike at your head, while you strike at their heel.

Carol

Adam lay ybounden, Bounden in a bond; Four thousand winter, Thought he not too long.

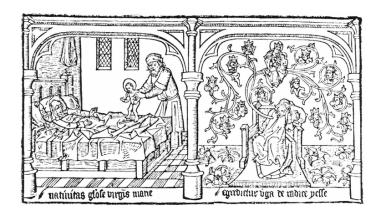
And all was for an apple, An apple that he took. As clerkes finden, Written in their book.

Ne had the apple taken been, The apple taken been, Ne had never Our Ladie, ybeen heavene Queen.

Blessed be the time that apple taken was, Therefore we moun singen. Deo gratias!

Words: 15th century macanonic English anonymous Music: Martha Jones Burford (b. 1964)

Prayer



Second Lesson

God comforts his people and calls on them to prepare for redemption. Isaiah 40: 1-11

Comfort, give comfort to my people, says your God. Speak to the heart of Jerusalem, and proclaim to her that her service has ended, that her guilt is expiated, that she has received from the hand of the LORD double for all her sins.

A voice proclaims: In the wilderness prepare the way of the LORD! Make straight in the wasteland a highway for our God! Every valley shall be lifted up, every mountain and hill made low; The rugged land shall be a plain, the rough country, a broad valley. Then the glory of the LORD shall be revealed, and all flesh shall see it together; for the mouth of the LORD has spoken.

A voice says, "Proclaim!" I answer, "What shall I proclaim?" "All flesh is grass, and all their loyalty like the flower of the field. The grass withers, the flower wilts, when the breath of the LORD blows upon it." "Yes, the people is grass! The grass withers, the flower wilts, but the word of our God stands forever." Go up onto a high mountain, Zion, herald of good news! Cry out at the top of your voice, Jerusalem, herald of good news! Cry out, do not fear! Say to the cities of Judah: Here is your God! Here comes with power the Lord GOD, who rules by his strong arm; Here is his reward with him, his recompense before him. Like a shepherd he feeds his flock; in his arms he gathers the lambs, Carrying them in his bosom, leading the ewes with care.

Hymn (the people stand to sing)



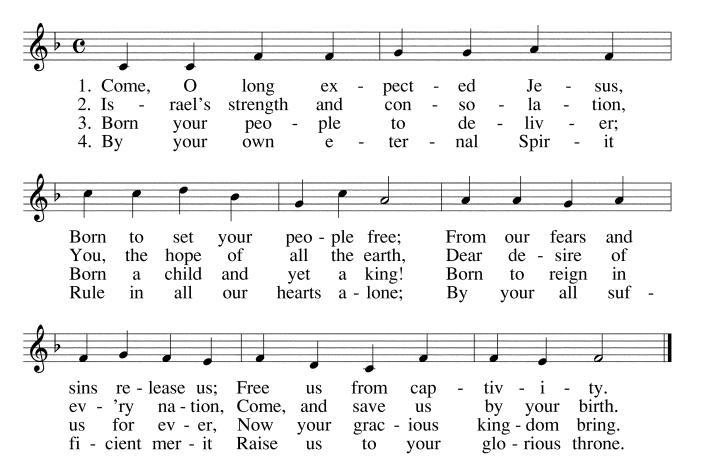
Text: Isaiah 40:1–8; *Tröstet, tröstet, meine Lieben*; Johann Olearius, 1611–1684; tr. by Catherine Winkworth, 1827–1878, alt. Tune: GENEVA 42, 8 7 8 7 77 88; *Genevan Psalter*, 1551; harm. adapt. from Claude Goudimel, 1505–1572

Third Lesson (the people sit)

A new covenant is promised which will be written in our hearts. Jeremiah 31:31-34

See, days are coming—oracle of the LORD—when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant I made with their ancestors the day I took them by the hand to lead them out of the land of Egypt. They broke my covenant, though I was their master—oracle of the LORD. But this is the covenant I will make with the house of Israel after those days—oracle of the LORD. I will place my law within them, and write it upon their hearts; I will be their God, and they shall be my people. They will no longer teach their friends and relatives, "Know the LORD!" Everyone, from least to greatest, shall know me—oracle of the LORD—for I will forgive their iniquity and no longer remember their sin.

Hymn (the people stand to sing)



Text: Haggai 2:7; Charles Wesley, 1707-1788, alt. Tune: STUTTGART, $8\ 7\ 8\ 7$; Christian F. Witt, 1660-1716; adapt. by Henry J. Gauntlett, 1805-1876

Prayer

Fourth Lesson (the people sit)

The one who is to rule Israel will be born in the village of Bethlehem. Micah 5:1-4

But you, Bethlehem-Ephrathah least among the clans of Judah, From you shall come forth for me one who is to be ruler in Israel; Whose origin is from of old, from ancient times. Therefore the Lord will give them up, until the time when she who is to give birth has borne, Then the rest of his kindred shall return to the children of Israel. He shall take his place as shepherd by the strength of the LORD, by the majestic name of the LORD, his God; And they shall dwell securely, for now his greatness shall reach to the ends of the earth: he shall be peace.

Carol

A dove as white as winter, From heaven came to earth, And greeted there a maiden, Of humble birth. She bowed her head And listened to his words. That she, above all others, Was favored by the Lord. Kyrie eleison. The heavenly gates will open, Thou shalt have a son; Emmanuel the most high, the King, the Chosen One. For know, a blessed mother shalt thou be. All coming generations Will laud and honor thee. Kyrie eleison. Our hope and expectation
O Jesus appear.
Arise, thou sun, so longed for
Above this darkened sphere.
With hearts and hands uplifted,
Lord to see
the day of earth's redemption,
And ever be with thee.
Kyrie eleison.

Words: David Gregor Corner (1585-1648) From Groß Catolische Gesangbuch, 1631 Music: Johannes Brahms (1833 - 1897)

Prayer

Fifth Lesson

The prophet proclaims that God will come and save us. Isaiah 35:1-10

The wilderness and the parched land will exult; the Arabah will rejoice and bloom; Like the crocus it shall bloom abundantly, and rejoice with joyful song. The glory of Lebanon will be given to it, the splendor of Carmel and Sharon; They will see the glory of the LORD, the splendor of our God. Strengthen hands that are feeble, make firm knees that are weak, Say to the fearful of heart: Be strong, do not fear! Here is your God, he comes with vindication; With divine recompense he comes to save you. Then the eyes of the blind shall see, and the ears of the deaf be opened; Then the lame shall leap like a stag, and the mute tongue sing for joy. For waters will burst forth in the wilderness, and streams in the Arabah. The burning sands will become pools, and the thirsty ground, springs of water; The abode where jackals crouch will be a marsh for the reed and papyrus. A highway will be there, called the holy way; No one unclean may pass over it, but it will be for his people; no traveler, not even fools, shall go astray on it. No lion shall be there, nor any beast of prey approach, nor be found. But there the redeemed shall walk, And the ransomed of the LORD shall return, and enter Zion singing, crowned with everlasting joy; They meet with joy and gladness, sorrow and mourning flee away.

Carol

Say to them that are of a fearful heart; Be strong, fear not. Behold, your God will come and save you,

> Words: Isaiah 35:4; Psalm 19:2 Music: Everett Titcomb (1844-1968)

Prayer

Sixth Lesson

The Lord will be among us; we are summoned to rejoice and sing. Zephaniah 3:14-18

Shout for joy, daughter Zion! Sing joyfully, Israel! Be glad and exult with all your heart, daughter Jerusalem! The LORD has removed the judgment against you, he has turned away your enemies; The King of Israel, the LORD, is in your midst, you have no further misfortune to fear. On that day, it shall be said to Jerusalem: Do not fear, Zion, do not be discouraged! The LORD, your God, is in your midst, a mighty savior, Who will rejoice over you with gladness, and renew you in his love, Who will sing joyfully because of you, as on festival days. I will remove disaster from among you, so that no one may recount your disgrace.

Carol

Now come, Redeemer of us all, Now come, thou blessed Redeemer. Thou child of a virgin born. Mortals over all the earth Marvel at thy Holy birth.

Words: Zechariah 9:9,10

Music: Michael Praetorius (1571-1621) Arr. Thomas Gibbs, Jr. (b. 1943)

Accompaniment: Richard Shephard (b. 1949)

Prayer

Seventh Lesson

The Angel Gabriel announces to the Virgin Mary that she will bear the Son of the Most High. Luke 1:26-38

People: The Lord be with you. **And with your spirit.**

Deacon: A reading from the holy Gospel according to Luke.

People: Glory to you, O Lord.

In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary. And coming to her, he said, "Hail, favored one! The Lord is with you." But she was greatly troubled at what was said and pondered what sort of greeting this might be. Then the angel said to her, "Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus. He will be great and will be called Son of the Most High, and the Lord God will give him the throne of David his father, and he will rule over the house of Jacob forever, and of his kingdom there will be no end." But Mary said to the angel, "How can this be, since I have no relations with a man?" And the angel said to her in reply, "The holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called holy, the Son of God. And behold, Elizabeth, your relative, has also conceived a son in her old age, and this is the sixth month for her who was called barren; for nothing will be impossible for God." Mary said, "Behold, I am the handmaid of the Lord. May it be done to me according to your word." Then the angel departed from her.

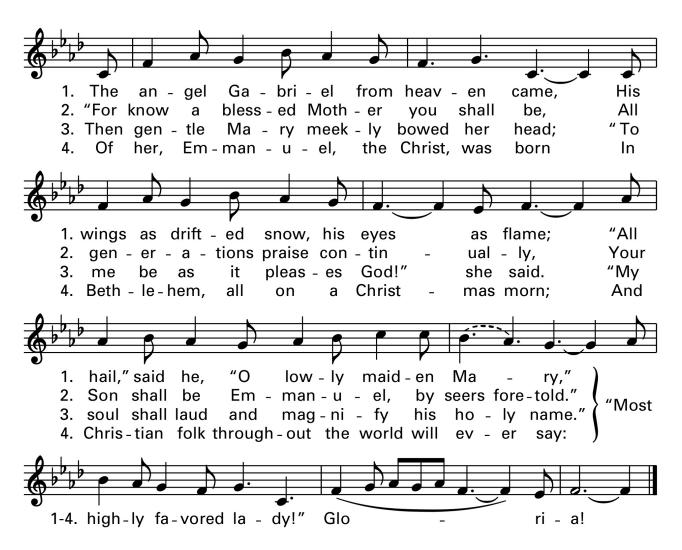
Deacon: The Gospel of the Lord

People: Praise to you, Lord Jesus Christ.

Carol

Богородице Дево, радуйся, благодатная Марие, Господь с тобою. Благословена ты в женах, и благословен плод чрева твоего, яко Спаса родила еси душ наших. Rejoice, virgin mother of God, Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, for you have borne the Savior of our souls.

> Words: From the All-Night Vigil, Traditional Orthodox, Based on Luke 1:28, 42 Music: Sergei Rachmaninoff (1873-1943)



Text: 10 10 12 10; *Birgina gaztettobat zegoen*; Trad. Basque Carol; tr. by Sabine Baring-Gould, 1834–1924, alt. Music: Trad. Basque Carol Melody.

Prayer



(the people remain standing)

Responsory (sung by the choir)

Judah and Jerusalem, fear not, nor be dismayed;
Tomorrow go ye forth, and the Lord, he will be with you.
Stand ye still, and ye shall see the salvation of the Lord.
Tomorrow go ye forth, and the Lord, he will be with you.
Glory be to the Father, and to the Son, and to the Holy Ghost.
Tomorrow go ye forth, and the Lord, he will be with you.

Collect

Bishop: We wait for your loving kindness, O Lord.

People: In the midst of your temple.

Bishop: Let us pray: O God, who makes us glad with the yearly expectation of your coming.

Grant that we, who with joy receive your only-begotten Son as our Redeemer, may without fear behold him when he shall come to be our Judge, even your Son our Lord Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, forever and ever.

Amen.

Blessing

Bishop: Go forth into the world in peace;

be of good courage;

hold fast that which is good; render to no one evil for evil; strengthen the fainthearted;

support the weak; help the afflicted; honor all people;

love and serve the Lord, rejoicing in the power of the Holy Spirit.

And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you for ever.

People: Amen.



Closing Hymn (the people remain standing to sing)



Words: Charles Wesley (1707-1788)

Music: Helmsley, melody Thomas Augustine Arne (1710-1778); harm. Ralph Vaughan Williams (1872-1958), alt.

Organ Voluntary (please be seated)

Marche Religiuese

Alexandre Guilmant (1837-1911)

Based on Handel's Messiah chorus, "Lift up your heads, O ye gates, and the King of Glory shall come in."

Cathedral Choir

<u>Sopranos</u>	<u>Altos</u>
Bailey Alleman	Nicole Acken
Danielle Artmayer	Kimberly Bentley
Amy Arulappan	Sarah Brignoni
Caroline Coyle	Michelle Connors
Rosalind Eccles	Natalie Coon
Audrey Hubbard	Marianna D'Andrea
Lottie Locke	Cathy Irwin
Sarah Nguyen	Maureen Prosser
Susan Pilcher	Peggy Roberts
Colleen Remein	Kate Vinzani
Susan Shafer	
Melissa Skiver	

<u>Tenors</u>	<u>Basses</u>
Kevin Acken	Jonathan Coyle
François Birgand	Dennis Keller
Christopher Mehl	George Locke
Peter Peregrin	Walter Milowic
Andy Wagner	Ken Pilcher
	Duane Remein
	Gil Vinzani

Marcilla Smith Nicole Zlotnicki

Cathedral Choristers

Maximilien Birgand	Tiffany Haney
Rosalind Eccles	Katherine McCarthy
Bradley Haney	James McCarthy

David Danielson Eaton, D.M.A., cathedral organist & interim director Geoffrey Simon, D.M.A., guest organist



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Sacred Heart Church

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Most Reverend Luis Rafael Zarama, Bishop of Raleigh
Reverend Monsignor David D. Brockman, pastor
Reverend Juan Andrés Arturo Gonzalez, parochial vicar
Reverend Erik Reyes, parochial vicar
Deacon Michael Alig
Deacon Juan Banda