PRAYER & ADORATION

- The Diocese of Raleigh YouTube channel offers local inspirational homilies and Masses
- Read Daily Scripture or Listen to the Daily Scripture
- Celebrate Liturgy of the Hours at home
- Pope’s Prayer to Mary during coronavirus pandemic
- Check out the latest homilies and inspiration from the Vatican
- Online Eucharistic Adoration from the Tyburn Convent in London.
- Learn the practice of Lectio Divina, a divine reading of Scripture

REFLECTIONS

- Create a sacred space for reflective time
- 14 Day COVID19 Isolation Retreat
- Watch a video reflection from the USCCB daily
- Discover a deeper relationship with the Holy Spirit with Wild Goose videos
- Looking for a positive change in your life? Explore Metanoia videos
- Discover meaning in the Mass through this video experience
- Take a 3-minute daily retreat
- Listen to a new reflection daily with Catholic Apostolate Center
- Grow spiritually with these Branching Out blog entries from RENEW International
- Daily reflections from Creighton University
- Virtual retreats with Liturgy Training Publications
- Daily Ignatian Reflections

ADULT RESOURCES

During COVID19

LEARNING OPPORTUNITIES

- Start a Class with Franciscan University Catechetical Institute
- Explore a new topic of faith with Fr. David Povanka
- Discover daily news from Our Sunday Visitor
- Check out daily newscasts from the Vatican
- Ascension Press offers Live Events Daily on Facebook featuring popular speakers like Jeff Cavins
- Saint of the Day Phone App
- Stay up to date with Vatican News